



WHEN TO SAY YES
HOW TO SAY NO
TO TAKE CONTROL
OF YOUR LIFE



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BOUNDARIES BOUNDARIES

SMALL GROUP
DVD Bible Study

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DR. HENRY CLOUD & DR. JOHN TOWNSEND

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Healthy relationships and sound living depend on maintaining smart personal boundaries. But many people don't know where to start. *Boundaries* can help. Based on the bestselling book by Drs. Henry Cloud and John Townsend, nine interactive sessions can make a life-changing difference. Drawing on principles from the Bible, *Boundaries* guides small groups on a journey of discovery and practical application .

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